

ILM Level 5 Coaching & Mentoring Diploma

Cullen Scholefield has over twenty years experience in Coaching and Mentoring, including supporting and developing others, in a variety of sectors and at different levels, to become better coaches and mentors.

Cullen Scholefield is approved by the Institute of Leadership and Management to offer a range of Coaching and Mentoring qualifications. These qualifications range from Level 2 Mentoring for team leaders through to Level 7 Executive Coaching and Leadership Mentoring.

The ILM Level 7 Diploma for Professional Management Coaches and Mentors follows on from the Certificate programme. Once the Certificate is completed, the Diploma then consists of a further two workshops, together with coaching supervision opportunities. The course normally takes a further six to eight months, depending on access to coaching practice. The focus of this qualification is very much about the further honing of your coaching and mentoring skills - via time spent with clients in a total of 100 hours coaching practice. There is a further assessment:

- **Personal Development Plan, Learning Log and Reflective Review** - a practical review of your development as a coach or mentor.

All candidates will complete the Certificate first and then may choose to continue on to complete the full Diploma. The main difference between the two qualifications is the time spent in coaching practice. It is critical for the Diploma to have access to at least 10 individuals to coach. We ask you identify potential clients before coming on the programme. Where candidates have difficulty with this, we hope other people on the course may be able to help.

Programme Overview

Workshops

Completion of Certificate Workshops 1-6

Workshop 7

Induction & Achieving C&M Goals

Workshop 8

Review Own Effectiveness and CPD

approx 3 hours

Supervision for Coaching Practice
Support for Assessment

approx 3 hours

Supervision for Coaching Practice
Support for Assessment

Activities between Workshops

Certification of ILM Level 5 Certificate in C&M
Identification of Diploma clients for coaching practice

Coaching Practice (implementation of learning)
Learning Log & Reflective Review

Coaching Practice (implementation of learning)
Learning Log & Reflective Review

Coaching Practice (implementation of learning)
Reflective Review

Complete Learning Log and Reflective Review
Complete Personal Development Plan

The overall cost of the top up to Diploma programme is £1,500. This includes all workshops, peer coaching, supervision (access to and support from your trainer), access to the Cullen Scholefield library and eHub, assessment, quality assurance, registration and certification. Included in the ILM qualification is automatic access to free ILM studying membership.

Programme Detail

Completion of Level 5 Certificate programme

Workshop 7

Induction & Achieving Coaching & Mentoring Goals

Use supervision and reflection to improve own coaching/mentoring practice to achieve demanding realistic goals
Plan, organise and undertake management coaching/mentoring programmes.

Workshop 8

Review Own Effectiveness and CPD

Review effectiveness of own coaching/mentoring activity
Networks to develop own and others management coaching/mentoring practice and CPD

Regular Supervision during Coaching Practice

Feedback to reflect and critically review own C&M performance and support to plan own development.